

WELLINGTON

Specialty Surgery Center

Wellington Specialty Surgery Center, LLC

4355 Ferguson Drive, Suite 190

Cincinnati, OH 45245

(513) 735-1940 Main Telephone

(513) 735-1950 Pre-Admission Nurse Telephone

(513) 752-0380 Fax

www.wellingtonssc.com

Preparing for Surgery

At Wellington Specialty Surgery Center, we want you to feel as comfortable as possible before, during, and after surgery. To help you prepare for your surgery, please review the information below.

Prior to Surgery-

You may receive a call from the business office regarding insurance. You will receive a text message requesting that you complete a pre-registration questionnaire. This questionnaire will review your medical/surgical history and current medications. It is important for you to provide a complete list of medications that you are taking, including over the counter/supplements. Your pre-registration will also include pre-surgical instructions for you to review and acknowledge. A nurse will review your questionnaire once complete, and call you if there are any questions. If there are no further questions, you will receive a text message informing you that your questionnaire was reviewed, and giving you any additional instructions based on your medication list provided. If you have difficulty with the online system you may complete it over the phone with a pre-admission nurse. Please call us at 513-735-1950 for help with this, or with any other questions. Attached you will find further information/instructions regarding your pre-registration.

- For your safety, **if receiving anesthesia**, you **MUST** make arrangements for a responsible adult to take you home after your surgery and remain with you for 24 hours. You will not be allowed to leave alone or drive yourself home. Your surgery will be cancelled if you do not have a ride home.
- A parent or legal guardian must accompany a child scheduled for surgery and plan to stay at the center until the child is discharged.
- Please see your family doctor/pediatrician for a history and physical and/or concerning medications. Bring any test results/reports from your physician's office. If you are under the care of a heart doctor or specialist please be aware that you may be asked to see him or her for clearance.

- You may be asked to stop blood thinners such as Coumadin, Plavix, Fragmin, Fish Oil, Vitamin E, and Lovenox or Anti-inflammatories such as Aspirin, Ibuprofen, Advil and Naproxen prior to your surgery. Please check with your doctor before stopping these or any other medications.
- If receiving anesthesia, you will be asked to stop taking GLP-1 agonist medications such as: Semaglutide, Ozempic, Rybelsus, Tirzepatide/Mounjaro, Liraglutide/Victoza, Dulaglutide/Trulicity, Exenatide, Bydureon, Byetta, Wegovy, Saxenda. If taken daily, you will need to stop taking 24-48 hours prior to your procedure. If taken weekly, you will need to stop taking 1 week prior to your procedure.

The Evening Prior to Surgery

The following instructions are very important and **MUST** be followed. Otherwise, your surgery may be cancelled.

- Do not eat anything after 12:00 midnight prior to surgery. You may have clear fluids up to 6 hours prior to surgery.
- For your safety, please **DO NOT** wear any jewelry or piercings on the day of surgery. All body piercing and jewelry must be removed.
- Do not smoke and do not drink any alcoholic beverages 24 hours prior to surgery.
- For your comfort, please wear simple, loose fitting clothing to the Center. Please do not bring valuables (money, credit cards, checkbooks, etc.). Do not wear any makeup (including eye makeup). Do not wear nail polish on your fingers or toes.
- If you have dentures, they will be removed before going to the operating room. For your convenience, we will provide you with a container. If you wear contact lenses or glasses, they will be removed, please bring a case for them.
- If you have a Living Will and Durable Power of Attorney for Healthcare, please bring in a copy.
- **If you have a Do Not Resuscitate (DNR) order it will be suspended** during your surgery and immediate post-operative recovery period. Since your surgery is considered “elective”, your doctor and staff will do whatever is necessary to save your life in the event of an emergency. If you have concerns regarding this then please contact us prior to the date of your surgery.
- As part of our patient safety program to minimize surgical site infections, we ask you to do the following:
 - Please notify your surgeon if you develop any of the following between now and the day of your surgery: cough, cold, fever, sore throat, nausea, vomiting, diarrhea, dizziness, shortness of breath, blurred vision, have recently tested positive for COVID, etc. If receiving anesthesia you will not be able to proceed with surgery until 14 days after your LAST symptom.

- DO NOT shave your operative site 96 hours prior to surgery. For face and neck surgery, men may use an electric razor 48 hours prior to surgery.
- Shower the night before surgery with an antibacterial soap.

Important Points to Remember

- Bring your insurance card, photo identification, and co-pay (if applicable). We do not have the same computer system as the physician. You will be asked to sign paperwork at registration.
- You may wish to put a pillow and a blanket in the automobile for the ride home.
- You are instructed to arrive 1 - 2 hours early, to enable the surgical staff to review important information, obtain any information or testing needed prior to surgery, and allow anesthesia to interview and discuss any concerns that you may have.

When You Arrive

After you check in at the registration desk:

- You will be taken into an area where you will change into a patient gown and empty your bladder.
- You will be placed on a stretcher and a nurse will check your blood pressure, heart rate and temperature. An intravenous (IV) may be started and lab samples may be collected.
- Your anesthesiologist and nurse anesthetist will discuss the anesthetic plan with you.

After Surgery

- You will be taken to the Post Anesthesia Care unit (Recovery) where you will receive special care while awakening from anesthesia. The doctor will notify your family member or friend when you're in the recovery area and discuss your surgery/procedure with them.
- When you have awakened and your condition is stable, you will be discharged home.
- In the unlikely event that surgical or anesthetic procedures are unexpectedly prolonged or complicated, your doctor may arrange for hospital admission.
- Expect to be drowsy the remainder of the day.
- Discharge instructions will be provided to you and your designated responsible party and any questions answered.

- After discharge, you may be taken to the exit in a wheelchair.
- The next working day after surgery, a nurse may telephone you to check on your progress.
- You will not be able to drive or return to work on the day of surgery.

If you still have questions or concerns, call: Pre Admission Testing **(513) 735-1950**. Office hours Monday through Friday 8:00 am to 4:00 pm. If you leave a recorded message, please include phone number and time that is best to contact you.

**** Please note these are generalized instructions for all surgical cases. You will be provided with more specific instructions according to your surgery at the time of discharge.***

Other Information-

- **Wellington Business Office:** 513-735-1940- billing questions prior to surgery
- **Wellington Billing Office:** 513-230-3822- for billing questions after surgery:
- **Seven Hills Anesthesia Group** (eff 2/18/22): 859-341-2666

Wellington Specialty Surgery Center In Network Payers

Aetna
Anthem
Caresource
Cigna
Humana
Medicare
Medigold
Molina
Ohio BWC
Ohio Medicaid
United Health Care
US Dept of Labor

Thank you for choosing Wellington Specialty Surgery Center, LLC as your preferred choice for surgical care. Our goal is to provide complete patient satisfaction, which includes informing you of our financial policies, your financial obligation, and what to expect with your procedure. If your insurance is not listed here, please know, WSSC does **not** balance bill and will honor your in-network benefits. Please contact our office at any time throughout the billing process with questions or concerns.